

When booking any of our camps, classes or parties you may use cash, cheque, Visa or MasterCard.

We require 48 hr notice or registration or cancellation.

We have flexible booking for camps, choose day(s) or full weeks.

#### Clothing/gym attire

t-shirt, shorts or gymsuit  
bare feet are safest  
hair should be tied back  
no loose clothing or jewelry

#### What to bring for the camps

Lunch, morning/afternoon snacks (nut free), water bottle, hat sunscreen and running shoes. Weather appropriate clothing for outdoor activities. Please label all clothing.

Visit our website for more information or to download one of our flyers.

[www.bluewatergymnastics.com](http://www.bluewatergymnastics.com)

#### OFFICE HOURS

Tuesday & Wednesday (9:00am - 3:00pm)

Thursday & Friday (2:00pm - 7:00pm)

Office Hours during Summer, March Break, and Christmas Holidays

Monday to Thursday (7:30am to 12:30pm)

Bluewater Gymnastics has a NUT ALLERGY ALERT! For the safety of the children we ask that no nuts or nut products be brought into the building.

Thank you for your co-operation

Located at  
1540 Lottie Neely Park Road  
Sarnia, ON N7T 7H5  
Phone 519-542-3062



# BLUEWATER GYMNASTICS



Gymnastics is an excellent way to develop physical strength, flexibility, balance, and gain personal confidence.

[www.bluewatergymnastics.com](http://www.bluewatergymnastics.com)

519-542-3062

### RECREATIONAL PROGRAMS

Bluewater Gymnastics Club offers a wide range of recreational programs for children of 18 months to 15 years old. We also offer adult/teen gym programs.

### PD DAY CAMPS

Bring your bag lunch and join us for a day packed with fun that includes indoor/outdoor activities and games as well as crafts, gymnastics and trampoline.

Full day programs for ages 4 - 13

### MARCH BREAK CAMPS

Campers will enjoy a full day of indoor/outdoor games and activities. There will be daily craft, as well as gymnastics and trampoline. Participants can also look forward to excursions to other activities such as bowling, rock climbing or swimming.

This program is for children ages 5 - 12

### SUMMER SPORTS CAMP

Full day program for ages 6 - 14  
Indoor/outdoor games, crafts, gymnastics, as well as excursions

to places such as Splash Down Water Park, Bowling, Swimming or Rock Climbing.



### KINDERGYM SUMMER CAMP

This is a half-day program for ages 4 - 6

Activities include indoor/outdoor games, and activities, crafts and gymnastics with our certified coaches

### TRAMPOLINE

If you are at least nine years old or older and wish to concentrate on trampoline skills; this is the class for you!

Class time is focused exclusively on Trampoline, offering a unique opportunity to develop and perfect skills more quickly. This class also provides specific body conditioning during class time to maximize your potential to learn new skills (better and faster). Trampoline classes use both the trampoline and the Tumbtrak.

### SCHOOL GROUPS

Bluewater has programs for school field trips for one or several weeks depending on your school/interest group needs. Call for more information



### BIRTHDAY PARTIES

Party goes ages 4 and up will enjoy gymnastics fun in our large, well equipped, air conditioned facility.

Participants will roll, jump and twist under the direct supervision of our certified coaches.

There are many options available;

You can choose your party length, number of party goers, as well a pizza and cake option is available for an additional charge

Birthday parties may be booked for: Saturday's after 4:30pm and Sunday's after 12:00pm